## Puerto Rico Air National Guard Psychological Health Program

Mission: Ensure, maintain, and enhance the Puerto Rico Air National Guard mission readiness, by promoting individual, family, and community resilience through readily accessible and exceptional psychological health services.

## **Point of Contact:**

Dr. Jenniffer Vargas PRARNG Director of Psychological Health (DPH) 787-344-6073 jenniffer.vargassanchez.mil @mail.mil



## **DPHs do not provide** treatment-No therapy

## **Services:**

\*Interventions:

- Information, referral and consultation
- Non medical clinical interventions (short term/brief solution focused interventions)
- -Medical intervention (potentially disabling conditions or DSM 5 Mental Disorders)
- Mental health assessments
- Crisis intervention

\*Community capacity building and outreach \*Briefing for Wing Leadership/ Wing consultations \*Work Center visits \*Referral network creation and partnering \*Guard Medical Unit (GMU) psychological health support